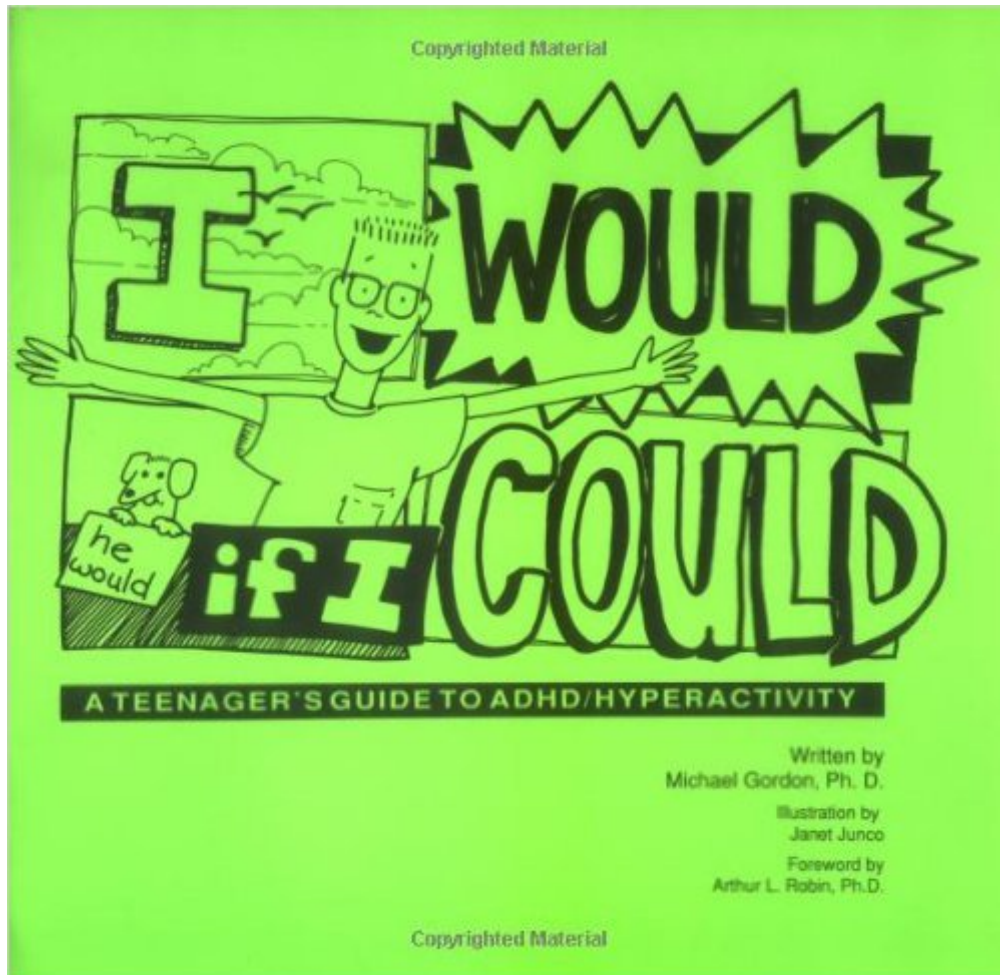


The book was found

I Would If I Could: A Teenager's Guide To ADHD/Hyperactivity



Synopsis

Book by Gordon, Michael

Book Information

Paperback

Publisher: Gsi Pubns (June 1991)

Language: English

ISBN-10: 0962770132

ISBN-13: 978-0962770135

Product Dimensions: 0.2 x 8 x 5 inches

Shipping Weight: 4 ounces

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,157,975 in Books (See Top 100 in Books) #35 in [Books > Parenting & Relationships > Special Needs > Hyperactivity](#) #228 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #846 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Special Needs](#)

Customer Reviews

I am so amazed with this book that I decided to send a copy to my son's teachers and to his former elementary school. Written from the point of view of a teenager with ADHD, the book opened my eyes to how my own son feels about having and dealing with this problem. What surprises me also is the fact that, after reading part of the book to him, I have caught my son looking thru the book on his own several times. I think he is relieved that someone else knows how it feels to struggle with ADHD. The author truly understands what it is like to have ADHD and to live with or teach a child with attention problems.

Although this is purportedly written by a teen-ager, it is simple-minded and much more suited for 9-10 year old ADHD children. The problems are those of pre adolescents. As a parent of a 14-year old, I can attest that we have long been over this ground. If your child was diagnosed ADHD back in the early grammar school years, this is old hat for you and your teen-ager. There are no new coping and growing skills for your teen-ager in this book. This paper-backed book is also very overpriced for the content. Five minutes of reading - not much substance. Skip it - there are better ADHD books for your teen agers.

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